



## Cyber Incident: “What do I do?”

It is always best to talk to a trusted adult if you have any of the following concerns.

You can also email your teacher at [maps@maps.vic.edu.au](mailto:maps@maps.vic.edu.au), and put their name in the subject box. This could be helpful if you need to email a screen-shot of something you are worried about, or if you want to speak to your teacher without any of your friends knowing. Your teacher will then be able to help you.

If you need help straight away and can't find anyone to speak to, you can call Kids Helpline on 1800 55 1800.

<p><b>Concern:</b></p> <ul style="list-style-type: none"><li>*I have seen something and I'm not sure that it is ok.</li><li>*I don't know whether I should tell someone.</li><li>*I have seen or heard something online that is upsetting me or somebody else.</li></ul>	<p><b>Concern:</b></p> <ul style="list-style-type: none"><li>*I've seen something and I don't like it.</li><li>*I'm pretty sure someone will get hurt by this.</li><li>*I need help deciding what to do next</li></ul>	<p><b>Concern:</b></p> <ul style="list-style-type: none"><li>*Urgent, I really need help!</li><li>*It's only going to get worse until something is done.</li></ul>
<p><b>Examples :</b></p> <ul style="list-style-type: none"><li>*People are saying bad things about me or somebody else online</li><li>*Inappropriate languages or images online</li><li>*A friend has an open/public social media account</li></ul>	<p><b>Examples:</b></p> <ul style="list-style-type: none"><li>*Someone online is encouraging me or somebody else to do something wrong</li><li>*Repeated unwanted contact from someone</li><li>*Someone has posted something inappropriate using my name</li><li>*Someone making threats on social media</li><li>*Blackmail threats</li><li>*Harassment</li></ul>	<p><b>Examples:</b></p> <ul style="list-style-type: none"><li>*Someone else knows my password and they're using my account</li><li>*Continuous posting of mean things or inappropriate pictures</li><li>*Someone is asking me to send photos of myself or give out personal information</li><li>*Someone online is asking me (or a friend) to meet up in person &amp; not tell anyone.</li></ul>